

SHELBY COUNTY SCHOOLS WORLD LANGUAGES

SPANISH

LEVEL 2: Unit 3

Healthy Living

ANNUAL TARGET

How well are students expected to perform at the end of the year?



Unit Performance Targets

Teach to...

Lowest acceptable performance...

Intermediate Mid

Novice High

VOCABULARY

What will prepare students to demonstrate what they can do with what they know?



Vocabulary should be selected to support student interests. The words below represent a starting point. Student interest should be gauged before finalizing any taught vocabulary.

SPANISH	ENGLISH
Me maquillo / me pinto	I put on makeup
Me relajo	I relax
Me afeito	I shave
Me ducho	I take a shower
Me despierto	I wake up
Me lavo la cara	I wash my face
Me lavo el pelo	I wash my hair
Hago ejercicios	I work out
Me ... en	I at or in...
Tengo que ... / Tenía que	I have to.../ had to....
Quiero ... / quería ...	I want to.../wanted to...
Me lavo los dientes	I brush my teeth
Me seco el pelo	I dry my hair
Me visto	I get dressed
Me preparo	I get ready
Me desvisto	I get undressed



Me levanto
 Me acuesto
 Me pongo
 ¿Dónde te/se ...?

I get up
 I go to bed
 I put on
 When do you?
 What do you need to do (this afternoon, evening, morning)?
 I need to.../I needed to....

Basic Vocabulary such as...

SPANISH	ENGLISH
El desayuno	Breakfast
La cena	Dinner
El postre	Dessert
El almuerzo	Lunch
La merienda	Snack
Las bebida	Drinks
La naranja	Orange
La manzana	Apple
La banana	Banana
dulce	Sweet
picante	Spicy
Fresco(a)	Fresh
frito	Fried
Caliente	Hot
Saludable	Healthy
Al horno	Baked
A la parrilla	Grilled
Hervido(a)	Boiled
Helado / frío	Cold
El bistéc	Steak
Los frijoles	Beans
El pollo	Chicken
La salchicha	Sausage
El pescado	Fish
Los mariscos	Seafood
La galleta	Cookie
La galletas saladas / las papitas	Cracker/Chips
El pastel	Cake
El pastel	Pie
Es bueno(a) para ti / Ud.	Good for you
Es malo(a) para ti / Ud.	Bad for you



COMMUNICATIVE STRUCTURES

- ☐ Telling people what they should and shouldn't do. (should + inf.)
- ☐ Writing descriptions using a series of sentences or short paragraphs
- ☐ Using connector words
- ☐ Using the appropriate past tense

